

NAME: \_\_\_\_\_

# Food We Eat

**Answer the following questions.**

Q1. Why do we need food?

Ans. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Q2. Name the three meals of the day.

Ans. \_\_\_\_\_

\_\_\_\_\_

Q3. Name any three milk products.

Ans. \_\_\_\_\_

\_\_\_\_\_

Q4. Name some food items that we get from plants.

Ans. \_\_\_\_\_

\_\_\_\_\_