

NAME: _____

Food We Eat

Tick the correct answer.

1. Banana is a

- a. fruit b. vegetable c. grain

2. We need food to get

- a. fruit b. energy c. grain

3. Which of these is the first meal of the day?

- a. lunch b. dinner c. breakfast

4. Onion is a

- a. fruit b. vegetable c. grain

5. Which of these is a milk product?

- a. butter b. orange c. egg

6. What kind of food should we eat?

- a. stale b. fresh c. uncovered